

ABSTRACT OF THE DISCLOSURE

A computerized, network based, work scheduling system, method and software are disclosed. The system includes a server and kiosks for use by employees of an organization. The system may allow employees to view work schedules including assigned work shifts. Employees may offer assigned shifts to others, so that they may be relieved of their shifts. Offered shifts are only made available to other qualified employees within the organization. Employers may authorize and track shift trades, and ensure that only qualified employees are allowed to assume an available shift.